

PREREQUISITES FOR ADVANCED TRAINING AND INTERNATIONAL EXCHANGES

Course	Star	Age	Physical	Language	Other	Previous CSTC
Leadership and Challenge	Gold Star		CFAIP Bronze Must be prepared to participate in water activities while wearing a PFD.	F or E	Priority will be given to cadets that are NSCE-qualified or ranking higher in the NSE standings vs other nominees.	Six-week course
Outward Bound - (Scotland)	Gold Star	16 y/o before July 1 of the year of the exchange	CFAIP Bronze	Functional English	Priority will be given to cadets that are NSCE-qualified or ranking higher in the NSE standings vs other nominees.	Six-week course
Outward Bound - (Wales)	Gold Star	16 y/o before July 1 of the year of the exchange	CFAIP Bronze	Functional English	Priority will be given to cadets that are NSCE-qualified or ranking higher in the NSE standings vs other nominees.	Six-week course
Maple Leaf - (England)	Gold Star	16 y/o before July 1 of the year of the exchange	CFAIP Bronze	Functional English	Priority will be given to cadets that are NSCE-qualified or ranking higher in the NSE standings vs other nominees.	Six-week course
Basic Parachutist Course	Gold Star	16 y/o before July 1 of the year of the course	1.6 KM run in a maximum of 7 mins and 30 seconds Sit-ups: 31 consecutive Chin up: 7 consecutive	F or E	See Annex F Priority will be given to cadets that are NSCE-qualified or ranking higher in the NSE standings vs other nominees.	Six-week course
Army Cadet National Rifle Team	Gold Star		CFAIP Bronze	F or E		Cadets are prioritized from previous Fullbore Marksman - Phase 2.
Army Cadet Exchanges (ACE).	Gold Star	16 y/o before July 1 of the year of the exchange	CFAIP Bronze	Functional English	Priority will be given to cadets that are NSCE-qualified or ranking higher in the NSE standings vs other nominees.	Six-week course
Advanced Military Band	Gold			F or E	Priority will be given to cadets that hold a Music Qual Level 2 Priority will be given to cadets that are ranking higher in the NSE standings vs other nominees	
Advanced Pipes and Drums	Gold			F or E	Priority will be given to cadets that hold a Music Qual Level 3 Priority will be given to cadets that are ranking higher in the NSE standings vs other nominees	